

TALK ABOUT SCHOOL

TODAY WAS



INEED





cut out and laminate each square present 2-5 to your child when having this talk about their day at school



cut out and laminate each square after they have communicated how they feel present 2-3 ways to fufull their needs at that time and have them pick one to start.

Communication is important as your child is going back to school. This can be an exciting time and can cause some other feelings as well for your child.

Using this board will help provide some visual supports for after school when they might be tired and having a hard time communicating how they are feeling and what they need.

This board helps to start those conversations and can build a positive routine and relationship between you and your child. They know that you have heard and recognized their feelings of the day and it gives them a chance to decide what they want to do or need in that moment.

If you know of other needs that helps your child you might want to add pictures of them as well.