

Life SCILS* Program for Post-High School Students with Autism

*Social, Communication, and Independent Living Skills



The Have Dreams Life SCILS program is a community-based program that serves young adults with autism spectrum disorder post-high school. The program is a balance of volunteer commitments and internships, vocational training, fitness at the YMCA, and community engagement. These experiences focus on increasing independence, communication, and social skills with peers in an inclusive community. Our goal is for our Life SCILS participants to enjoy the abundant and varied experiences our community has to offer.

Eligibility Criteria*:

- Diagnosis of Autism Spectrum Disorder
- Demonstrates appropriate self-regulation skills (i.e., no physical aggression towards self or others)
- Have independent daily living skills (i.e., independent in bathroom, independent meal routines)
- Daily health needs do not require medical assistance from staff (students must be able to self-administer medication)
- Able to be successful with a staff to student ratio of 1:5 (1:1 staff assistance is not available)
- Appropriately groomed for community inclusion, internships, and volunteer experiences

**Each potential candidate must complete a formal intake process to determine program eligibility*

• Have Dream's Life SCILS Program is based upon over 20 years of nationally recognized autism expertise and is designed to continue to build upon the accomplishments the participants have achieved.

- 18 years or older
- Year-round program
- Monday - Friday from 9:30 a.m. to 3:00 p.m.
- Home-based funding recommended



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